

Summer 2026



VINÉSIME RITUALS

Experience the elegance of French vineyards with Vinésime, a premium skincare line inspired by the Grand Cru terroirs of Burgundy.

Formulated with natural active ingredients from prestigious Pinot Noir and Chardonnay grapes, Vinésime rituals are rich in antioxidants, resveratrol and polyphenols, known for their radiance-enhancing and skin-protecting properties. Each treatment is designed to nourish the skin, support a youthful-looking complexion and offer a refined moment of deep relaxation.

Silky textures, elegant formulations and delicate vineyard-inspired aromas create more than visible results. They offer a sensorial journey into the quiet beauty of Burgundy, where skincare becomes a moment of escape, well-being and pure French elegance.

Ampeliki, Skopelos 37003, Greece

(+30) 210 444 8921 - info@minnohotel.com

www.minnohotel.com

Summer 2026

GENERAL INFORMATION

Spa treatments are available for hotel guests and external visitors.

Advance reservation is recommended.

Treatments are subject to availability.

Please arrive 10 minutes before your scheduled appointment.

Kindly inform our spa team of any health conditions, allergies, pregnancy or recent injuries before your treatment.

FACIAL TREATMENTS

1. Vital Vine Strength

An exceptional results-driven facial treatment designed to reveal smoother, firmer and more radiant-looking skin. Powered by Vinésime's exclusive A2OC complex, rich in antioxidants and oxygenating active ingredients from Burgundy vines, this comprehensive ritual helps energize the skin and reinforce its natural vitality. A refined treatment for guests seeking visible radiance, freshness and a more youthful glow.

Duration: 75 minutes | Price: €120

2. Beauty Interlude

A revitalizing express facial that brings the artistry of Vinésime's manual techniques to the skin. Designed to awaken the complexion and restore its natural vitality, this treatment offers a refreshing burst of energy for tired or dull-looking skin. The result is a luminous, rested and beautifully revived appearance.

Duration: 50 minutes | Price: €90

3. Hydrating Treatment

A soothing facial treatment designed to restore comfort, hydration and radiance. Relaxing movements, targeted acupressure and deep smoothing techniques help calm the features and ease tension, while a specialized Vinésime mask supports the skin's hydration levels. A serene treatment that leaves the complexion nourished, refreshed and softly glowing.

Duration: 50 minutes | Price: €110

4. Vinolift Radiance

A revitalizing facial ritual created to enhance luminosity and even-looking skin tone. Infused with rare extracts from Champenois grapevines and red vine leaves, this treatment helps revive the complexion, improve the appearance of dark spots and support the skin against visible signs of aging. A luminous experience for those seeking brightness, renewal and a refined sense of well-being.

Duration: 50 minutes | Price: €110

BODY TREATMENTS

5. Great Vintage Experience

Voyage Grand Millésime

A luxurious journey through the world of the vine, designed to renew the body and nourish the skin. The ritual begins with a Grand Cru scrub to refine the skin's texture, followed by a stimulating sculpting massage and an anti-aging body wrap. A complete Vinésime experience that leaves the skin radiant, smooth and deeply replenished.

Duration: 120 minutes | Price: €220

6. Delightful Relaxing Treatment

Soin Enchanteur Relaxant

A deeply indulgent, multi-sensory sculpting massage that brings harmony to the body and pleasure to the senses. Enriched with grape extracts and blackcurrant oil, and wrapped in the elegant fragrance of red fruits, this treatment leaves the skin soft, silky and beautifully moisturized.

Duration: 50 minutes | Price: €105

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7. Grand Cru Energizing Stroll

Balade Énergisante Grand Cru

Inspired by the legendary Richebourg Grand Cru vineyards, this luxurious body treatment begins with an invigorating grape seed scrub to purify and renew the skin. A soothing sculpting massage follows, helping to release tension and restore a sense of deep relaxation. The skin is left velvety soft, refreshed and delicately scented.

Duration: 75 minutes | Price: €140

8. Anti-Aging & Well-Being Getaway

Échappée Anti-Age et Bien-Être

A holistic body ritual that combines a soothing sculpting massage with a revitalizing body wrap. Luxurious oils, deep relaxing movements and vine-derived antioxidants work together to nourish the skin and calm the body. A restorative experience that leaves the skin radiant and the senses beautifully renewed.

Duration: 75 minutes | Price: €140

9. Grand Cru Stimulating Break

Pause Stimulante Grand Cru

A refined body renewal treatment inspired by Vinésime's exclusive Richebourg Grand Cru scrubs. The skin is gently cleansed, polished and refreshed, followed by a nourishing and delicately scented body veil that leaves it moisturized, radiant and soft to the touch. A stimulating pause for smooth, luminous skin.

Duration: 75 minutes | Price: €120

10. Divine Escapade in the Vines with Grape Seed Parcels

Divine Escapade dans les Vignes

Inspired by the traditional Thai Siam ball technique, this unique treatment combines manual movements with warm parcels of grape marc and grape seeds. Gentle or deeper strokes help relax the body, ease tension and create a comforting sense of escape. A sensory journey to the vineyards of Burgundy for both body and mind.

Duration: 75 minutes | Price: €140

11. After Sun Treatment

A soothing and restorative after-sun body treatment designed to comfort sun-exposed skin. Vintage grape extracts and Burgundy blackcurrant help hydrate, calm and replenish the skin, while rich textures and vineyard-inspired aromas create a deeply relaxing sensory escape. Ideal after long summer days, this treatment leaves the skin refreshed, nourished and softly radiant.

Duration: 75 minutes | Price: €125

VINÉSIME FACE & BODY JOURNEY

A complete journey of radiance, relaxation and renewal, designed to care for both face and body. Create your own Vinésime ritual by combining one facial treatment with one body treatment and

enjoy 10% off your total experience.

The offer applies when both treatments are booked together and is subject to availability. It cannot be combined with other offers or promotions.

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A sanctuary of rejuvenation beside the ancient
Asclepieion of Skopelos, where healing
traditions meet modern relaxation, offering
renewal, balance, and tranquility.

Massage Menu

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FULL BODY MASSAGES

1. Relaxing Massage

A deeply soothing full body massage designed to slow down the rhythm of the day and bring the body back to a state of calm. Gentle, flowing movements help release everyday tension, encourage circulation and create a quiet sense of balance. A peaceful treatment for those seeking softness, stillness and complete relaxation.

Duration: 50 minutes | Price: €85

2. Aroma Massage

A serene massage experience enriched with carefully selected aromatic oils and soft, continuous movements. The natural aromas gently awaken the senses, while the treatment helps nourish the skin, relax the body and ease the mind. An elegant ritual of calm, created to leave you refreshed, balanced and delicately renewed.

Duration: 50 minutes | Price: €90

3. Warm Candle Massage

A warm, indulgent ritual using aromatic massage candle oil that melts gently onto the skin. The soft heat comforts the body, nourishes the skin and helps release tension through slow, enveloping movements. A deeply sensory treatment, ideal for those who wish to experience relaxation with a touch of warmth and elegance.

Duration: 50 minutes | Price: €90

4. Deep Tissue Massage

A focused therapeutic massage designed for deeper muscular release. Using firm pressure and targeted techniques, this treatment works on areas of tension, stiffness and physical fatigue. Ideal for guests who prefer a stronger massage, it helps the body feel lighter, freer and more restored.

Duration: 50 minutes | Price: €100

EXTENDED RITUALS

5. Relaxing & Head Massage Ritual

A complete relaxation ritual combining a full body relaxing massage with a deeply calming head massage. Gentle, rhythmic movements ease the body into stillness, while focused work on the scalp, temples and neck helps quiet the mind. A longer treatment for those who wish to surrender fully to calm, balance and release.

Duration: 80 minutes | Price: €120

6. Couples Massage

A shared wellness experience for two, performed side by side in a calm and private setting. Two therapists work in harmony, creating a synchronized rhythm that allows both guests to unwind together. A quiet moment of connection, relaxation and shared tranquility.

Duration: 50 minutes | Price: €160 per couple

TARGETED TREATMENTS

7. Back, Neck & Shoulder Massage

A targeted massage for the areas where daily tension is most often held. Focusing on the back, neck and shoulders, this treatment helps ease stiffness, relax tired muscles and restore a more comfortable sense of movement. Ideal after travel, work or long hours of activity.

Duration: 30 minutes | Price: €50

8. Head Massage

A calming treatment focused on the scalp, temples, neck and upper shoulders. Slow, gentle pressure helps ease mental fatigue, release accumulated tension and bring a clearer sense of calm. A short but deeply soothing pause for the mind and body.

Duration: 30 minutes | Price: €50

9. Leg Massage

A refreshing treatment designed to bring lightness back to tired legs. Gentle yet effective movements help relax overworked muscles, encourage circulation and ease the feeling of heaviness. Ideal after travelling, walking through the island or spending a long day under the sun.

Duration: 30 minutes | Price: €50

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PRIVATE WELLNESS ACCESS

10. Sauna & Pool

A private wellness experience designed to warm the body, relax the muscles and calm the senses. The combination of sauna and pool creates a quiet pause of comfort and renewal, either before or after a treatment, or simply as a moment of relaxation on its own.

Duration: 30 minutes

Price for 1 person: €25

Price for 2 people: €40

A Wellness Pause Before Your Treatment

With every **full body massage** or **extended rituals** treatment, we invite you to enjoy 30 minutes of complimentary sauna & pool access. A quiet moment to warm the body, soften the muscles and prepare the senses for deeper relaxation.

Advance reservation is required and access is subject to availability.