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SPA

MENU

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Menu **Olvia** Spa

Welcome to Olvia Spa, to a journey of self-improvement, a journey that will help you feel like you're reborn, like you're blooming… living your best life… beautiful, carefree, full of happiness.

Being Olvia, according to the legend of **Persephone**, means being happy…blessed, blissful… being the one who by enjoying our services can also enjoy mental satisfaction, joy and euphoria, namely those essential elements that one needs in order to relive the moment and conquer the happiness of **long life**.

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Rebirth • Grow • Longevity

We invite you to an underground spa experience, where sheltered in a rocky cave you will live some unique **relaxation, cleansing** and **revitalizing moments**. The contact with everything that is natural gives special meaning to our services. **An authentic Turkish bath** with inebriating aromas, a **refreshing ice fountain** for small, revitalizing moments, **energizing Open air Sports activities** as well as a **variety of relaxing facial & body massages and treatments with natural products** …compose the ethereal scenery of **Olvia Spa**

Complete this ultimate happiness experience in the unique heated beds of the relax area, enjoying refreshing drinks and letting the heavenly light that creeps into the spa embrace you, purifying your soul and making you feel reborn… **this time living truly free.**

Facilities

Use of Facilities 60min - 40€

The Path of Euphoria

A rich experience of water, ice and heat awaits you

Start your experience at our facilities at the path of euphoria, let the water wet your feet, feel the energy of the special pebbles placed on the path floor. A wonderful process of awakening and activation has just begun.

Continue to the special ice fountain area and let the power of ice increase the blood flow to any part of your body that you may choose, offering you freshness and rejuvenation. End up in the authentic Turkish bath, lie back and let the heat soften, detoxify your body and calm your soul.

Tip:

Combine the use of facilities with facial and body treatments or a massage for a unique self-improvement experience

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Proposals – Experiences

Mother Earth Care

90min - 115€
110min - 135€
135min - 155€

Activate all your senses in an experience that combines the entire spa facilities with a delightful relaxing massage of your choice and let yourself be pampered by Mother Nature. Feel the alternation between the hot hammam and the power and coolness of the ice on body parts of your choice, enjoy a mystagogic massage session rich in inebriating aromas and feel your body, mind and soul being purified. **Choose it at the beginning of the day, before anything else, to fill up with energy or on your way back to relax and refresh your mood.**

Benefits: Relax, Detox, Energy

The Beauty of Persephone

115min – 185€ per person

Feel the absolute beauty of Persephone through a unique experience that harmoniously combines face and body. Live the experience of our facilities, enjoy an authentic Turkish Bath and end your day with a facial treatment that will give you beauty and radiance.

Benefits: Relax, Detox, Energy

Olvia Experience

90min - 225€
110min - 245€
135min - 265€ per person

We have prepared for you, a **Signature wellness experience** that includes everything you need to be reborn, feel euphoric and enjoy the moments with us. Start by enjoying the alternation of hot – cold from the authentic warm **Hammam** and the coolness of the **Ice Fountain**, continue a delightful **Turkish Bath experience** and close with a **delightful massage** of your choice full of intoxicating aromas and feel your body regenerate, your mood rise and your soul free

Benefits: Relax, Detox, Energy

Wellness EVENTS

With our unique, specially designed **Wellness Events** we celebrate and enjoy every moment, we celebrate well-being and life itself. Our main purpose is to make you feel active, participative and -above all- to help you find again yourself, in the company of your own people or by making new friends through experiential wellness and self-improvement experiences!

¨Spiritual Event¨ Day Event -
120€ per person

Live the **unique experience of Spiritual Yoga** in a group of up to 10 people, under the guidance of our Yoga Trainer, at the pool area and increase your physical improvement in our spa, **use our facilities** and combined with a **relaxing massage lasting 50min** that will relax, discharge and restore the energy you need.

"Earth Care Event" Day Event -
95€ per person

Event aiming at contact with nature and the care that Mother Earth can generously offer us. Come all together, feel the natural materials enveloping your senses, through natural body treatments, learn how the Greek land can pamper us and give back to nature, planting your own plant in our special garden, putting your own stamp on the care of the land and your holiday memories.

Our Wellness Events can be enjoyed quite often as they take place at regular intervals throughout the season – Ask us when the next one will be and get into action!

S P A

Premium Swissline Signature Facial Treatments

Experience the Premium Treatments of **Swissline by Dermalab** which is a sustainable, cruelty free company and the majority of its products are vegan.
The Swiss company Swissline combines science with luxury, focuses on cell therapy and its philosophy is **Well-aging** offering personalized and exceptional facial care experience.

Choose the Swissline Premium Facial Treatments and enjoy the use of the Facilities for free.

Hydra Filling Premium
55min – 145€

A choice for a deep replenishment of the hydration levels of your face skin, of its freshness and vitality. Enjoy a comprehensive treatment with peeling, a restorative face and décolleté massage as well as with a special mask with soothing properties that will calm and deeply nourish your skin. Ideal choice for before and after sun exposure.

Benefits: Relax, Detox, Energy

Longevity Facial Treatment Premium
45min – 165€

Live the unique experience of the Swiss approach to antiaging treatment and feel the hyaluronic acid tighten your face. This treatment with peeling, a specialized face sculpting facial massage and marine collagen ingredients is an excellent choice for deep hydration, skin nourishment, wrinkle smoothing and of course regeneration of your skin.

Benefits: Relax, Detox, Energy

Olvia Bright Facial Treatment Premium
75min – 185€

Live the unique experience of a full face and décolleté care. Feel your skin being gently cleansed, enjoy a soft, soothing face and décolletage massage with products with powerful pearl ingredients and see your face glow and radiate happiness, acquiring evenness and a special pearl color,.

Benefits: Relax, Detox, Energy

Premium Swissline Signature Body Treatments

Experience the unique body treatments that aim to sculpt, lift and tone your skin and body in a particularly relaxing way.

Choose the Swissline Premium Body treatments and enjoy free use of the Facilities.

Shapely & Firming Moment Premium

60min - 155€

Excellent experience of smoothing and lifting your body. Feel the heating products made of caffeine, Gingko Biloba and Butcher Broom energize your body and the special maderotherapy tools smooth and sculpt your skin leaving a firm, smooth and toned skin.

Benefits: Detox, Energy

Precious Moment Premium

90min - 165€

Experience a unique full body massage with special Gua Sha stones and relaxing techniques that release tension and restore a deep sense of well-being. The gentle, elaborate massaging movements with the stones, combined with the gold oil and the collagen cream at the end will give you a feeling of peace and tranquility as well as a uniquely smooth and soft skin.

Benefits: Relax, Detox, Energy

Longevity Face & Body Moment Premium

120min – 220€

Feel reborn and rejuvenated; touch the feeling of longevity with a comprehensive face and body treatment. Feel the gentle and elaborate massage movements of the special Gua Sha stones smoothing your body, feel the rich ingredients nourishing and activating it, enjoying at the same time a smoothing and glowing- effect facial treatment. Feel the moment, feel yourself relaxing, feel your body changing, feel calm, peaceful and radiant.

Benefits: Relax, Detox, Energy

Facial Treatments

We have chosen for you a variety of **wellness options** for your face, in collaboration with the **Greek cosmetics company Yellow Rose**, with emphasis on natural materials and contact with Greek nature.

Olive & Herbs Facial Hydration

30min – 95€

Choose this award-winning high potency facial with plant-based ingredients for a rich, deep hydration and feel the natural ingredients such as olive, Chios mastic and bergamot enhance your skin appearance and offer you authentic softness, nourishment and freshness.

Benefits: Relax, Detox, Energy

Glow Facial Treatment

55min - 115€

The precious ingredients of gold meet the power of firming and radiance. Enjoy a full facial with peeling, uplifting face and décol-leté massage and a rich mask and feel the collagen fillers, as well as the gold and silk proteins purify your skin, sculpt it and give it a unique glow..

Choose the comprehensive face and body gold treatment for extreme glow. Duration 80 min. – 155€

Benefits: Detox, Energy

Anti-aging Hyaluronic

55min – 125€

Experience a rich and comprehensive anti-wrinkle, moisturizing facial with Hyaluronic and Oligopeptide fillers (Botox & Retinol like Effects) and feel the flower and white tea extracts energize your senses. The facial includes peeling with lotus grains, massage with French rose and white tea fragrant essential oils that give balance and elasticity to your skin as well as unique natural face lifting effects.

Benefits: Detox, Energy

Longevity for Men

30min – 85€

Feel the fullness offered by a flash facial treatment specially designed for men that softens and soothes the skin after shaving or trimming. Invigorating facial massage with products of light texture that strengthen skin elasticity, stimulate and refresh the face and help you maintain a youthful appearance.

Benefits: Relax, Detox, Energy

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Body Treatments

Holistic Care

50min – 95€

Exceptional deep body exfoliation and cleansing treatment as well as a mask of your choice depending on body's needs at that moment.

Benefits: Detox, Energy

The Touch of Nature

80min - 110€
100min - 135€

Feel the touch of nature taking care of your body and skin in a natural way. A deep peeling treatment with natural ingredients and a relaxing massage and mask treatment according to your needs. Choose with us the desired effect so that we use the special ingredients that suit your mood.

Benefits: Relax, Detox, Energy

Ritual of Nature

100min – 115€

Experience an amazing full body treatment option, combine the benefits of a hot hammam, feel your body soften and detoxify, feel the coolness of ice tighten your skin and complete your treatment with a full series of natural ingredients that cleanse, sculpt and deeply nourish your body..

Benefits: Detox, Energy

Massages

Premium Hammam Treatment ¨Katharsis¨

60min – 125€

Indulge in a spa treatment experience in the heated space of our **Turkish bath**. Feel your body soften and calm, feel your muscles relax and your skin pores open. Leave yourself to the experienced hands of our therapists whose special stretching movements will open up your body, let the special glove deeply exfoliate your skin and feel the unique experience of a foam massage with local ingredients relaxing your body. A unique bath and massage treatment experience aimed at cleansing, soothing and revitalizing your body and mind.

Benefits: Relax, Detox, Energy

Relax Calm Massage

30min - 85€
50min - 105€
75min - 125€

Choose a low to medium pressure massage that combines harmonious movements from toe to head and feel the peace and tranquility wash over your body. We combine warm oil with essential oils together with gentle and rhythmic massage movements, at the points where you need it most. An ideal choice for relieving stress and an excellent choice for starting your vacation in a happy mood.

Benefits: Relax

¨Gaia¨ Deep Tissue Massage

30min - 85€
50min - 105€
75min - 125€

We have created for you the most dynamic and deep massage with elbow and forearm techniques. While inebriating oils take care of your skin, feel your body being sculpted and relaxed and your muscles deeply softened. Enjoy Gaia Massage and feel again free and full of energy.

Benefits: Relax, Energy

Sports / Functional Massage

30min - 85€
50min - 105€
75min - 125€

A special moderate to intense pressure massage, which combines a functional massage with special sports stretching movements at the points where you need it most or on your whole body, for more flexibility and agility. Choose this particular massage whether you exercise regularly for recovery or if you feel that you need more freedom of movement and muscle decompression. Feel your body relaxed and full of energy and enjoy your day to the fullest.

Benefits: Detox, Energy

Kids Menu

(All Kid menu treatments for children aged 8-14 are always carried out in the presence of their parent in a double cabin – children aged 1 to 17 are not allowed to use the facilities)

"Pluto / Kori" Massage
35min - 55€

A specially designed massage for kids 8-14 years old. Entrust your child to the experienced hands of our therapists and let us take care of him with a special massage treatment similar to a mother's caress that offers calm, peace and relaxation. This massage helps acquiring a better lifestyle with rest and better sleep.

Benefits: Relax

"Dimitra" Face & Body Care
50min – 85€

A rich face & body treatment with refreshing fruit masks that will give your children coolness and freshness all day long.

Benefits: Detox, Energy

Family Sharing Moments
50min – 85€ per person

Live the experience of relaxation side by side with your child, and enjoy rejuvenating shared massage experiences tailored to your and your child's needs.

Benefits: Detox, Energy

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Smart Choices

Wellness Lifestyle Moments 1+1

Ask us about the possibilities of special preferential prices in the combination of facial, body and massage treatments. It concerns those who love spa and want to take care of themselves throughout their stay with us.

Room Service Request

30min - 115€
50min - 135€
75min - 155€

Choose room service and enjoy a unique massage experience at the balcony of your room, overlooking the endless blue of the Aegean sea

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Spa House Rules

Our experienced team is at your disposal to help you choose the treatments that suit you best..

WORKING HOURS

10.00 am with 19.00 p.m.

The minimum age for accessing Olvia Spa is 8. It regards the treatment cabins and not the use of the Facilities **(Ice Fountain, Hammam).**

ARRIVAL

In order to fully enjoy Olvia Spa' s facilities we recommend you arrive 15 minutes before your scheduled appointment. In the case that you are going to make use of the **Facilities (Ice Fountain, Hammam)**, you are kindly asked to bring with you your swimsuit. Please let us know if you are, or if you might be pregnant or if you have any allergies or other medical conditions, as these factors contribute to the selection of recommended treatments..

APPOINTMENT CANCELLATION

To cancel your scheduled appointment, please notify us at least 4 hours in advance. In case of non-timely notification, you will be charged half the amount of the treatment you have chosen.

STAYING IN THE SPA PREMISES

During your stay at the spa, we offer you refreshing drinks. Olvia Spa has changing rooms with a private shower and secure lockers for your personal belongings. You will be given a bathrobe and personal care products. We recommend that you drink a lot of water both before and after each treatment and that you take your time to relax after your treatment, without any haste To make your stay and your experience as best as possible, smoking and the use of mobile phones are not allowed in the entire spa premises.

BOOKING

Booking is made at the spa reception office. If you are having trouble deciding or if you are not sure about a treatment, ask the Spa reception staff during or before your visit. They will be happy to advise you.
You can call us at 230 or send an email to info@olviaspa.gr

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