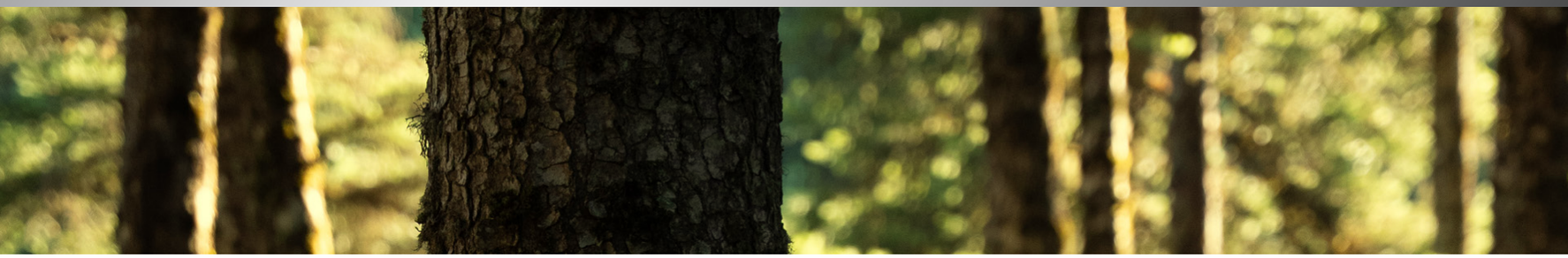
SILENT TRAILS

– AN ICONIC EXPERIENCE BY MANNA –

Discover Arcadia as it was meant to be experienced, in the heart of Peloponnese.



Some destinations are explored. Others reveal themselves only to those willing to slow down. Hidden in the very heart of the Peloponnese, **Mount Menalo** has remained a place of quiet wonder for thousands of years.

But some landscapes ask for more than curiosity. They ask for respect. That is why every **MANNA Silent Trails™** experience takes place aboard the Jeep Wrangler Rubicon 4xe, travelling in full Electric Mode whenever the mountain deserves complete silence. Without engine noise to interrupt the landscape, the forest is free to reveal itself exactly as it has for centuries—allowing you to experience Menalo not as a visitor passing through, but as part of its natural rhythm.

Protected as part of the **European Natura 2000 Network,** Menalo is home to one of Greece's largest and most ecologically significant forests of the endemic Greek Fir (Abies cephalonica).

The mountain awakens through its senses.

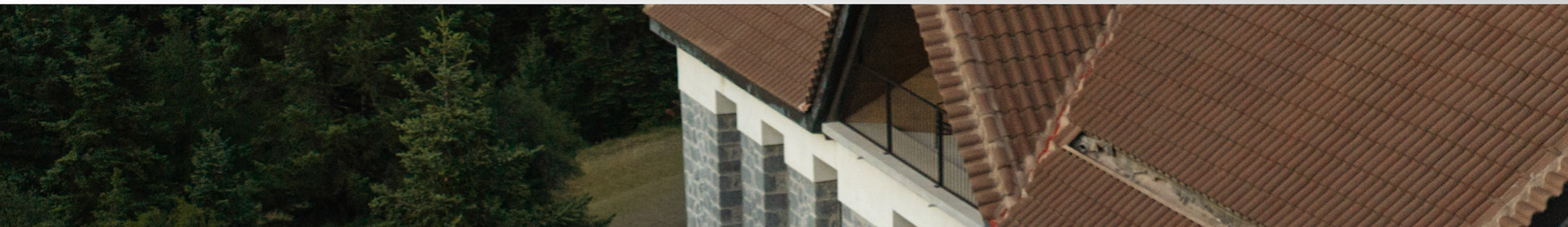
Travelling in silence allows nature to speak first. Every season reveals another layer of the mountain.

For centuries, people have travelled these mountains on foot. Today, more than 325 kilometres of marked trails weave through ancient forests, hidden springs, alpine meadows, traditional stone villages and forgotten shepherd paths, creating one of Greece's most remarkable mountain landscapes.

History is not displayed here. It is still part of everyday life.

Created exclusively for the guests of MANNA, MANNA Silent Trails™ invites you beyond the familiar and into one of the Mediterranean's most authentic mountain landscapes.

Not simply to visit Arcadia. But to experience it through silence. To follow roads that few travellers will ever discover. Your journey begins here.
Whether at dawn... At sunset... Or across a full day of exploration...
Not hurried. Not scripted. Simply experienced. **MANNA SILENT TRAILS™**



MANNA DAWN

– The First Breath of Arcadia –

(**Duration:** Approx. 2 hours | **Starting/Ending point:** MANNA Hotel Reception)

Price: 350€ for 2 guests
Price: €375 total for 3 guests (€125 per person)
(The price includes a complimentary MANNA-branded waterproof poncho per person)

There is a moment each morning when **Mount Menalo** belongs entirely to nature.

AT — am, Before the first light reaches the mountain peaks, the ancient Greek fir forest rests beneath a veil of mist. Depending on the season, the forest floor releases the earthy aroma of moss, wild mushrooms and damp woodland—a scent that belongs only to Mainalo.

Departing silently from MANNA, your journey begins almost unnoticed, allowing you to enter one of Greece's largest protected by Natura 2000 fir forests with the respect such a place deserves. Travelling almost silently allows the mountain to continue its morning ritual uninterrupted.

The destination is the **plateau of Madera**, where the dense woodland suddenly gives way to one of Menalo's most spectacular alpine clearings. Panoramic views stretch across endless mountain ridges as the first sunlight gently washes over the landscape.

You have witnessed **the mountain's first breath.**

MANNA DUSK

– Where the Forest Falls Silent –

(**Duration:** Approx. 2 hours | **Starting/Ending point:** MANNA Hotel Reception)

Price: 350€ for 2 guests
Price: €375 total for 3 guests (€125 per person)
(The price includes a complimentary MANNA-branded waterproof poncho per person)

As afternoon slowly surrenders to evening, **Menalo** begins one of its most remarkable transformations. The mountain exhales.

This is the hour when the forest becomes quieter—not because life disappears, but because it changes.

At the **plateau of Madera**, the forest suddenly opens to reveal an endless panorama stretching across Arcadia's mountain ridges. Here, sunset becomes something deeply personal. The sky shifts through layers of amber, crimson and violet as the last sunlight touches the fir-covered peaks before quietly disappearing beyond the horizon.
Everything comes to rest.

The first stars appear above the ridgelines while nocturnal wildlife slowly takes over the silence.

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MANNA HORIZONS

– Into the Soul of Arcadia –

(**Duration:** Approx. 4 hours | **Starting/Ending point:** MANNA Hotel Reception)

Price: 620€ for 2 guests
Price: €645 total for 3 guests (€215 per person)
(The price includes a complimentary MANNA-branded waterproof poncho per person)

MANNA HORIZONS is an invitation to travel through a place that unfolds with every passing kilometre.

Leaving MANNA behind at — am/pm, the journey begins beneath the dense canopy of **Menalo's** ancient Greek fir forest.

Beyond the forest lies **Limbovisi,** the birthplace of Theodoros Kolokotronis almost untouched by time. Stone houses, quiet pathways and mountain springs preserve the spirit of a place where history feels remarkably present rather than remembered.

The journey continues towards **Vytina**, where every season writes a different story beneath the famous Road of Love.

From there, the road climbs steadily towards **Magouliana,** the highest inhabited village in the Peloponnese.

Ancient forests | Hidden springs | Historic villages | Alpine meadows | Endless | mountain horizons | Nothing feels hurried | Nothing feels staged.