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RETREAT

SPA MENU



# The Ultimate Wellness Experience

Your journey of total relaxation and well-being begins in the **Azur Spa**.

Take the time to stop and bring yourself back into the moment, settle the mind, body and spirit. We invite you to embark on a journey of rediscovery with the highly trained, caring therapist and sumptuous facility.

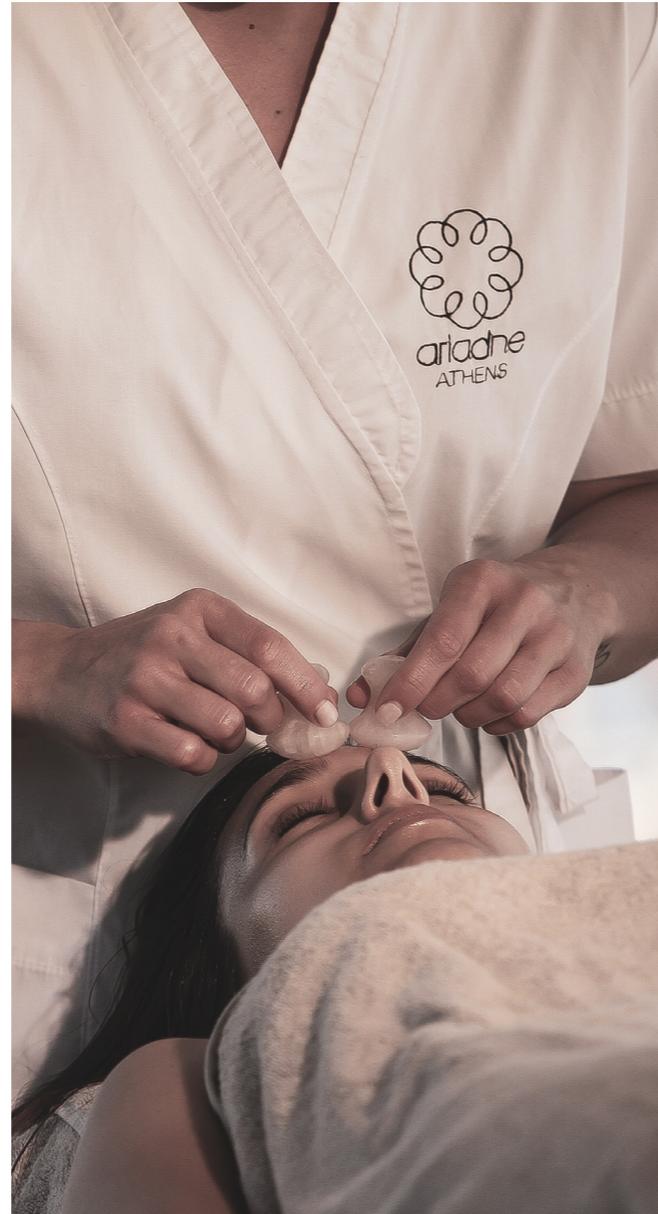
Every treatment is specially designed to offer a unique experience using natural luxury products. Allow yourself to be inspired and indulge in this relaxing escape with a selection of rejuvenating customized experiences in collaboration with the award-winning Greek Spa Brand **Ariadne Athens**.

Inspired by the breathtaking, all-natural surroundings, the area of the spa invites guests to embark on a journey of rejuvenation and pampering, surrender themselves to the hands of the experts and get ready to feel energized and renewed.

# Face Experiences

Inspired by the sumptuously relaxed atmosphere the majestic Mediterranean blue sea has to offer, these lavish facial rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look.

Allow yourself to enjoy the ritual that complements your individual needs best, from one of the following choices:



## GLOWING PEARL

### Luminously radiant look

Inspired by the undeniable charm, glamour and lifestyle of the Greek islands, this glowing therapy promises a brighter, firmer and noticeably younger-looking skin. This facial, thanks to its valuable ingredients such as wheat proteins, clinically-proven enlightening extract of rapeseed and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion!

Duration: 60' | 90€

## MELI

### Vital hydration and nutrition

A facial treatment dedicated to the richness of local flavors and aromas, such as sage, honey and other thirst-quenching elements that instantly will restore skin's hydration levels. Fine lines and wrinkles are visibly minimized, dry skin feels supple and soft, overall comfort is recovered and elasticity increases instantly. Your skin feels and looks revitalized from within, fully hydrated and nourished.

Duration: 60' | 90€

## SKIN REBIRTH

### Miracle skin renewal

A high-performance, all-in-one, personalized treatment, that promises to diminish the look of fine lines and wrinkles, deeply moisturize and regenerate the skin, soothe redness and irritation, heal scars, reinforce natural cellular turnover and improve overall appearance. Your face, décolletage, hands and arms are immersed in a shower of wellness through a series of fully custom-made products and exclusive techniques that address their individual concerns, ultimately presenting an entirely renewed look.

Your skin is recharged. Your skin is reformed. Your skin is reborn!

Duration: 60' | 120€



# Massages

We have carefully designed for you a series of luxury massages, that target specific needs; The ones that challenge us every day. Choose among a wide range of specialized practices, and spoil yourself with a mythical, sensational experience of a euphoria retreat.

## COCOON & REVITALIZE YOUR SENSES

### Relaxing aromatherapy ritual

Meticulously designed, from the beginning to the end, to gradually relax each and every part of your body and completely quiet the mind, ultimately offering the most lavish and cocooning experience for all your senses. The perfectly orchestrated massage movements of this treatment will offer a unique sense of relaxation that will essentially revitalize your body.

Duration: 30' - 60' - 90' | 50€ - 80€ - 110€

## DEEP TISSUE MASSAGE

### Muscle release massage

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally-scented oils envelop your skin and exhilarate your mind.

Duration: 60' | 120€

## MELTING SENSATION

### Massage with warm candle

Indulge your senses in a mystifying massage ritual that will entice your mind, body and soul. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Now, feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. An outstanding, divine experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being!

Duration: 60' - 90' | 95€ - 130€

## LIGHT LEGS RELIEF MASSAGE

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a, rich in antioxidants, gel mask that nourishes and renews the skin. A pampering massage experience using the moisturising properties of coconut oil to deeply hydrate. Finally, a calming yoghurt powder mixed with the gel mask offers ultimate comfort for tired legs.

Duration: 30' | 50€

# Body Scrubs

## CONFETTI RAINFALL SHOWER

A full body exfoliation treatment, fast and invigorating, with luxuriant captivating aromas of jasmine and gardenia. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look! At the end, the delicate scented jasmine and gardenia body butter, contributes to seal-in all the moisture and nourishment.

Duration: 30' | 55€

## SECRET PARADISE

This gentle full-body polish smoothes the skin, using fresh coconut pulp exfoliating scrub blended with emollient nourishing oils and vitamins. These powerful antioxidants are absorbed into the skin, helping to slow cellular ageing. Afterwards, a sweet coconut body butter massage leaves the skin deeply hydrated.

Duration: 30' | 55€

## WHITE ROSE PETALS

Allow the fine crystals of the body scrub to slough off any rough skin, while subtly scenting your extremities with the delicate aromas of warm and sophisticated roses. Following, indulge your skin in the lush, earthy aromas of jasmine and gardenia comprised in the nourishing body butter and feel your skin acquire a silky touch.

Duration: 30' | 55€

# Mind & Body Rituals

Use the opportunity to enrich your holiday experience with wellness and wellbeing practices. Assess your stress levels and choose between sauna or hammam followed by the ultimate serene ritual.

## WINE HARVEST

### A ritual for spa connoisseurs

Inspired by the vineyards of the Ionian islands, this exhilarating experience of relaxation and wellness, releases and calms both, body and mind! A lush deliverance of olive kernels, red grape and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins comprised in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey are applied to immerse the skin in a bath of freshness and hydration. An enveloping aromatherapy massage with a warm candle grants a total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses!

Duration: 1h 30min | 165€

Key Elements: Sauna or Hammam, Body Scrub, Body Mask, Candle Massage.

## SPA ETIQUETTE

We highly recommend booking your treatment in advance to ensure that your preferred time and service are available.

Please contact us with any queries and let us know if you have any medical or health concerns.

We recommend that you arrive at least 30 minutes prior to your scheduled treatment, allowing time to complete your health assessment and to enjoy the facilities. As a courtesy to other guests, those who arrive late will lose some of their treatment time, as appointment will still end as originally scheduled.

Our Spa environment is one of tranquility and relaxation. Please refrain from smoking and turn your mobile phone off or to silence setting, while in, or around, the spa area.

The minimum age for taking spa treatment is 16 years. Guests under 18 years are required to have parental consent prior to the booking being accepted.

We request that you leave your valuables in your suite's safety deposit box.

We understand that schedules change and we will do our best to accommodate your needs. Since your spa time is reserved especially for you, we kindly ask you to give a 24 hours cancellation notice, so that someone else may enjoy that time. Cancellations made 5 or less hours' notice or missed appointments will be charged at the full rate.

The fitness center is open daily, 24 hours.

The Spa operates from 10:00 to 19:00 daily with the last booking at 18:00.

