



CHAVANA
— SPA —



Sensatori Coral Sea

Packages

Journey of the Senses

2 hrs 10 mins

7,500 EGP

Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ Refresher Facial.

Saskia Spa Essence of Fez Heritage Hammam Ritual

2 hrs - with Body Massage

8,000 EGP

1 hr 15 mins

6,000 EGP

An exquisite purification ritual inspired by the timeless Moroccan hammam tradition. The journey begins with a black soap cleanse, preparing the skin for a deep exfoliation with a traditional kessa glove to reveal a silky-smooth glow. The experience concludes with a mini facial hydration, leaving the skin refreshed, hydrated, and luminous. This indulgent ritual detoxifies, replenishes, and restores radiance from head to toe.

An extended ritual includes a restorative body massage, to dissolve tension and promote deep relaxation and well-being.

Saskia Spa Turkish Bath Heritage Ritual

1 hr 45 mins - with Body Massage

6,500 EGP

1 hr

4,500 EGP

Rooted in the centuries-old Ottoman bathing tradition, a deeply cleansing and rejuvenating ritual to purify the body and relax the mind. The experience begins with a full-body Peppermint Smoothing Coffee Polish to gently buff away dead skin cells for a radiant complexion. This is followed by the luxurious Sabun Torbasuh foam cleansing ritual, enveloping the body in soft, cloud-like bubbles for an indulgent, purifying experience.

An extended sensorial journey includes a full body massage, complemented with the use of a massage oil with oriental blend.

Steam

30 mins

500 EGP

A recommended add-on to release toxins, open pores and improve circulation, before we begin your choice of Hammam or Turkish Bath Ritual.

Saskia Spa Intense Hydration Ritual

2 hrs - with Body Massage

7,500 EGP

1 hr 20 mins

6,000 EGP

An exquisite restorative ritual offering a profound sense of renewal, tranquility, and well-being. The holistic botanical journey begins with a full-body exfoliation with Argan Radiant Polish, enriched with jojoba oil, natural emollients gently removing dead skin cells to reveal smoother, more radiant skin. Next, a velvety rose clay wrap infused with rose essential oil envelops the body, delivering deep hydration and calming the mind.

For an extended indulgence, conclude with a full-body massage rich in vitamin A and natural antioxidants, it soothes the skin, supports regeneration and elasticity using our Nourishing Beeswax Massage Balm.

Saskia Spa Dead Sea Detox Revitalising Ritual

2 hrs - with Body Massage 7,500 EGP
1 hr 15 mins 6,000 EGP

Indulge in a rejuvenating journey that detoxifies, restores the body, and energizes the mind. It begins with a revitalizing sea salt scrub that gently exfoliates the skin to reveal a smoother, more radiant glow. A purifying Dead Sea wrap follows, infusing the skin with essential minerals to deeply hydrate, rejuvenate and detoxify.

An extended experience includes a soothing full body massage using an invigorating essence of lemongrass essential oil to uplift the senses and relieve tension.

Saskia Spa Blissful Invigoration Ritual

1 hr 30 mins 6,000 EGP

This energizing treatment begins with a refreshing body exfoliation using a blend of aromatic essential oils, creating an atmosphere that promotes clarity and vitality. The ritual incorporates invigorating massage techniques to stimulate circulation, release muscle tension, and restore physical and mental energy. An uplifting holistic experience that will leave you feeling recharged and refreshed.

Heaven & Earth 1 hr 20 mins 5,500 EGP

This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

Facial

Saskia Spa Skin Therapy Facial Ritual

1 hr 5,200 EGP

A luxurious deeply hydrating facial to soothe and revitalize. Infused with hyaluronic acid, squalane, provitamin B5, allantoin, and jojoba oil, it delivers intense moisture, enhances elasticity, reduces the appearance of fine lines, and calms irritation. Botanical actives of French rose, lavender, and neroli essential oils further nourish and balance the skin. Suitable for all skin types, this ritual leaves your complexion plump, radiant, and naturally luminous.

Purity Facial 1 hr 4,000 EGP

Inspired by the tropical garden, this botanical rich facial treatment delivers cleaner, healthier, and smoother skin.

Massages

Chavana Massage 1 hr 6,000 EGP

Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

Traditional Balinese Massage

	1 hr 30 mins	1 hr
Single	6,500 EGP	4,500 EGP
Couples	11,900 EGP	8,500 EGP

Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

Tension Relief Massage *1 hr 30 mins* *7,000 EGP*
Slow, deep massage strokes deliver pressure to muscles and connective tissue to ease tightly-held tension. Relieves pain and boosts circulation.

Warm Stone Massage *1 hr* *5,500 EGP*
A massage therapy that employs smooth warmed stones on the body to relax muscles and improve blood circulation.

Gua Sha Therapy *1 hr 20 mins* *5,500 EGP*
This centuries' old Chinese therapy utilizes a curved crystal to scrape the skin in firm strokes, this action stimulates blood flow and reduces tension. Gua Sha aims to reshape body contours.

Asian Foot Massage *1 hr* *4,500 EGP*
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

Express Massage *30 mins* *2,750 EGP*
For those of you on a tight schedule, this short but effective massage focusing on the back, neck and shoulders will help to relieve tension and stress.

Foot Massage *30 mins* *2,750 EGP*
A foot massage based on the ancient principles of Reflexology. Massage of these reflex points can improve the health by restoring the natural flow of body energy.

Nourishing Scalp Massage *30 mins* *2,500 EGP*
Aims to alleviate discomfort and tension due to stress and fast-paced lifestyle.

Botanical Body Polish & Wrap

Hibiscus Body Scrub *45 mins* *2,500 EGP*
Combining tropical Hibiscus, invigorating green tea and nourishing rice powder this body scrub exfoliates and smooths for soft skin.

Green Tea-Spice Body Wrap *45 mins* *2,500 EGP*
Exotic spices and antioxidant rich green tea combine to warm the body, soothe the muscles and cleanse the skin.

More of Chavana

Spa Pedicure Power Polish *1 hr 15 mins* *4,000 EGP*

Spa Manicure Power Polish *1 hr* *3,000 EGP*

A Spa treatment designed for the hands and feet. Includes a hand or foot soak, nail care, nail colour and a relaxing hand and arm or lower leg massage.

Usage of Spa Facilities

Indoor Pool, Sauna,
Cold Shower and Steam rooms. *1,100 EGP*

Spa Jacuzzi *1,250 EGP*

2, 3 or 4-day Spa Package

Enjoy daily indulgence with our multi-day packages. Every day offers a luxurious Spa experience to make your stay unforgettably wonderful. Please contact our Spa for more information.

Children's Menu

Pedicure	<i>50 mins</i>	<i>2,100 EGP</i>
Pedicure with Nail Art	<i>1 hr 15 mins</i>	<i>2,300 EGP</i>
Manicure	<i>45 mins</i>	<i>1,900 EGP</i>
Manicure with Nail Art	<i>1 hr</i>	<i>2,300 EGP</i>

A fun Spa treatment for your princess hands where you can choose bright colors and nail art. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

Back, Neck and Scalp Massage *30 mins* *2,000 EGP*

We promise not to tickle you in this wonderful soft massage done near the indoor pool or in an outdoor area of the resort. Bring your mom and dad so they can watch over you.

Teen's Menu

Pedicure	<i>50 mins</i>	<i>2,100 EGP</i>
Pedicure with Nail Art	<i>1 hr 15 mins</i>	<i>2,300 EGP</i>
Manicure	<i>45 mins</i>	<i>1,900 EGP</i>
Manicure with Nail Art	<i>1 hr</i>	<i>2,300 EGP</i>

A complete Spa treatment for hand and feet, where you can choose bright colors and even a French style finishing. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

Back, Neck and Scalp Massage *30 mins* *2,000 EGP*

Come join us near the indoor Spa pool or outdoor area for a relaxing Spa treatment. This massage will leave you feeling relaxed and ready for another fun day on your holiday.

*All prices are quoted in Egyptian Pounds and inclusive of applicable tax.
Rates are subject to change without prior notice.*

Spa Basics

Should I reserve my treatments?

Yes, either phone or visit the Spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

We advise guests not to bring valuables to the Spa as we do not accept liability for loss. For all other personal items we provide lockers.

What if I need to cancel a Spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

Who will be responsible for my child during his/her treatment?

We have something for every member in the family. However, children and teens (under 18) must be accompanied by an adult.

What about payment for Spa services?

You may charge Spa services to your hotel bill.



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MANDARA SPA

A Mandara Spa Company