

IREMIA

WELLNESS HUB



ROYAL
PEARL ISLAND
CHIOS

HOTEL & SPA



IREMIA

A state of tranquillity,
where body and spirit find
peace. Feel the calming
essence of Iremia, where
wellness rituals restore
balance, rejuvenate,
and connect you to your
inner peace.



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FEEL IREMIA

Rooted in tradition and inspired by the healing properties of nature, Iremia Spa invites you to reconnect with your inner balance. Our philosophy blends modern science with time-honoured therapies, offering you a holistic wellness journey that celebrates the natural richness of Chios. Known for its therapeutic mastic and rejuvenating citrus, both unique treasures of the island, we incorporate these powerful elements to soothe, invigorate, and restore.

Immerse yourself in a haven of holistic wellbeing, with mastic-origin treatments, revitalizing water paradise therapies, and beauty rituals that enhance your beauty inside and out.





ARIADNE ATHENS

At Ariadne Athens, wellness is a harmonious blend of relaxation and results. Our bespoke therapies are inspired by Greece's natural elements and enriched with advanced cosmetology techniques.

Using potent local ingredients and cutting-edge biotechnology, each treatment is designed to rebalance, renew, and activate the body's natural healing mechanisms - delivering both immediate radiance and long-term benefits.

From non-invasive lifting facials to precision body sculpting rituals, our therapies go beyond indulgence. They restore vitality, enhance natural glow, and promote deep well-being — where Greek wellness meets visible transformation.

TREATMENT JOURNEYS

Embark on a journey of holistic wellness, where age-old traditions and modern techniques come together to restore harmony, boost vitality, and help you find your own sense of iremia—deep tranquillity and inner peace.

WET AREA

Immerse yourself in the restorative power of heat, steam, and water in an experience designed to soothe and invigorate. Cool off with the refreshing Ice Fall, feel the deep warmth of the mastic-infused Finnish sauna, and let the purifying steam of the hammam melt away tension. Complete your journey in Water Paradise, where therapeutic Chian aroma showers awaken the senses.

IREMIA SPA guests and external guests enjoying a treatment are invited to unwind with up to 120 minutes of complimentary access to the Wet Area. Access to the Spa Wet Area is also available at €35 per person. For hotel guests wishing to enjoy the Wet Area without a treatment, access is available at €25 for a 3-hour experience.

FACE RITUALS

Targeted facial treatments designed to restore radiance, hydration, and vitality, leaving your skin refreshed and luminous.

BODY RITUALS

Indulgent body treatments that nourish, sculpt, and renew, harnessing nature's finest ingredients for optimal well-being.

MASSAGES

A curated selection of head and body massages designed to release tension, improve circulation, and bring total relaxation to body and mind.

BEAUTY SALON

Expert salon services for hair and nails, offering refined care and a touch of indulgence.

FITNESS & WELLNESS

Sessions including Pilates, yoga, and personal training, designed to build strength, enhance flexibility, and promote overall well-being, amid nature.

A DAY OF PURE RELAXATION

For external guests, a Day Pass is available for the main swimming pool at a cost of €50 per person, offering unlimited access throughout the day.





FACIAL RITUALS

Reveal your skin's natural glow with our rejuvenating facials, designed to hydrate, firm, and restore balance. For a full-body renewal, pair your treatment with one of our signature body rituals.

PHOS LUMINOUSLY RADIANT LOOK

(60 min) €100

A brightening and firming facial inspired by the glow of the Greek islands. Enriched with wheat proteins, rapeseed extract, and vitamin C, it targets signs of aging, even skin tone, and boosts collagen for a luminous, youthful complexion.

MELI VITAL HYDRATION AND NUTRITION

(60 min) €100

A brightening and firming facial inspired by the glow of the Greek islands. Enriched with wheat proteins, rapeseed extract, and vitamin C, it targets signs of aging, even skin tone, and boosts collagen for a luminous, youthful complexion.

NEMA THE NEXT DIMENSION SCULPTING

(60 min) €110

An advanced sculpting facial inspired by microcurrent technology for a non-invasive lifting effect. Powered by the patented Nema Sculpt Complex™, it enhances elasticity, firms, reshapes facial contours, and smooths wrinkles for immediate, visible, and naturally youthful results.

IRIDA SPARKLING EYES

(30 min) €80

A revitalizing eye treatment designed to brighten, hydrate, and refresh the delicate eye area. With Gua Sha crystals, Chios mastic enzymatic peel, and nourishing evening primrose oil, it reduces dark circles, puffiness, and fine lines for a luminous, youthful look.

UNDER THE SUN

(30 min) €70

A soothing after-sun facial that restores hydration and calms sun-exposed skin. Enriched with Greek yogurt, aloe, and water lily, it reduces irritation, strengthens the skin barrier, and leaves the complexion refreshed, soft, and balanced

BODY RITUALS

Revitalize your body with treatments designed to nourish, sculpt, and restore balance. For the ultimate self-care experience, pair your ritual with one of our signature facials.

DELOS PEARLS BODY EXPERIENCE

(90 min) €100

A multi-sensory head and body ritual begins with dry-brush exfoliation to renew the skin and stimulate circulation. This is followed by a deeply relaxing anti-stress massage with Délos aromatic oil that nourishes the skin and leaves it radiant. The treatment concludes with a soothing scalp massage and gentle hair brushing, promoting deep relaxation and a feeling of complete rejuvenation.

BOTANICAL VOYAGE BODY SCULPTING

(145 min) €120

A detoxifying body treatment designed to stimulate the lymphatic system and improve circulation. Beginning with a Hammam ritual and invigorating exfoliation with black pepper and rosemary, followed by a purifying body mask and targeted massage with antioxidant-rich botanical oils for firmer, smoother, and radiant skin.

AEGEAN GRACE RITUAL

(90 min) €90

A nourishing body ritual inspired by the natural beauty of Greece. Featuring olive and rose exfoliation, a honey-rich body mask, and a relaxing head-to-toe massage with warm pouches and aromatic herbs, leaving the skin hydrated, rejuvenated, and deeply relaxed.

UNDER THE SUN

(30 min) €80

A soothing after-sun body treatment that restores hydration and calms sun-exposed skin. With Greek yogurt, aloe, and water lily, it reduces irritation, strengthens the skin barrier, and leaves the complexion refreshed and balanced.





MASSAGES

Massage is more than relaxation—it's a ritual of renewal for both body and mind. It releases tension, boosts circulation, and promotes deep well-being, leaving you feeling lighter, calmer, and completely refreshed. At IREMIA SPA, our expert therapists tailor each massage to your needs, creating a restorative experience that nurtures both body and spirit. Every massage can be paired with our signature face and body treatments for an enhanced wellness experience.

HEAD MASSAGE

(30 min) €70

A stress-relieving ritual that focuses on the neck, head, and face to release tension and restore mental clarity. Gentle techniques improve circulation, smooth the skin, and bring a sense of lightness and relaxation.

ULTIMATE

RELAXATION MASSAGE

(30 min | 60 min) €65 / €110

A deeply soothing full-body massage designed to relieve stress and accumulated fatigue. Experience improved circulation, muscle relaxation, and an overall sense of well-being. Regular sessions enhance long-term benefits, leaving the body revitalized and detoxified.

SWEDISH MASSAGE

(30 min | 60 min) €65 / €110

A classic massage combining soft and deep tissue techniques to restore the body's natural balance. With slow, rhythmic strokes, this treatment melts away stress and tension, creating a profound state of relaxation and harmony.

FOOT MASSAGE

(30 min) €70

A revitalizing treatment for tired feet. A natural exfoliator with essential oils and mastic extract smooths the skin, followed by a specialized massage to relieve heaviness and improve circulation.

LOMI LOMI MASSAGE

(70 min) €140

A traditional Hawaiian healing ritual known as "loving hands." Flowing, wave-like movements work deeply yet gently, releasing blocked energy and emotional tension. This immersive experience restores harmony and leaves the body and soul completely rejuvenated.

DEEP TISSUE MASSAGE

(30 min | 60 min) €70 / €120

A targeted massage focused on releasing deep muscle tension and accelerating recovery. Slow, firm pressure works through areas of built-up stress, easing chronic pain and improving mobility.

COUPLES MASSAGE

(60 min) €230

A shared moment of relaxation in a luxurious suite for two. Perfect for couples or friends, this experience enhances connection while easing tension, leaving both feeling completely renewed.

CANDLE MASSAGE

(60 min) €150

Indulge in a relaxing massage ritual with warm candle oil that melts into a nourishing aromatic blend. The warm drops hydrate the skin while soothing the body and mind, offering a deep relaxation, aromatherapy benefits and unique sense of well-being.

CURATED SPA JOURNEYS

Elevate your spa experience with immersive rituals designed for deep relaxation, renewal, and celebration.

MASTIC HONEYMOON RETREAT

(180 min) €400

Begin your journey together with an indulgent spa experience. Relax in the hammam or sauna before surrendering to a soothing body massage of your choice, complemented by a rejuvenating facial. A perfect escape for couples seeking harmony and deep relaxation.

BACHELORETTE CELEBRATION

(For 4 People) €800

Celebrate your special occasion with an unforgettable spa experience. Gather your friends and enjoy a selection of luxurious face and body treatments designed to pamper and revitalize before the big day.





BEAUTY SALON

Indulge in the art of self-care with our curated beauty treatments, designed to enhance your natural radiance. From expert hairstyling to flawless manicures, every detail is crafted to leave you feeling effortlessly polished and refreshed. Let us take care of you, so you can shine from the inside out.

MANICURE & PEDICURE

Classic Manicure | €35

Classic Pedicure | €40

Gel Polish Manicure | €45

Gel Polish Pedicure | €50

Simple Color Application | €15

Gel Color Application | €20

Nail Filing | €15

DEPILATION / HAIR REMOVAL

Upper Lip | €10

Eyebrows | €12

Underarms | €15

Arms (Full/Half) | €25 / €20

Legs (Full/Half) | €35 / €20

Belt Line | €15

Bikini Line | €25

Brazilian | €40

HAIRSTYLING

Hair Wash | €15

Blow-Dry Straightening | €40

Straightening with Flat Iron | €45

Curls | €55

Waves | €50

Professional Hairstyling | €60

MAKE-UP

Professional Make-Up | €100

Bridal Make-Up | €350

FITNESS & WELLNESS

Elevate your well-being with our tailored fitness and wellness offerings. From complimentary activities to dynamic group classes and expert-led premium sessions, we provide everything you need to feel strong, balanced, and revitalized. Our gym is open 24 hours a day for your convenience. For class schedules or to book a session, please contact our Spa team. Premium sessions require booking 24 hours in advance.

NATURE FLOW YOGA (Complimentary)

Flow into serenity with our signature yoga session at our private Manganos garden area, where the gentle sounds of nature set the tone for a deeply grounding practice. Surrounded by the soft whispers of the wind and the rhythmic flow of water, this class enhances flexibility, restores balance, and invites inner calm.

PILATES MAT (Complimentary)

Reconnect with your body in a mindful Pilates Mat session at our private Manganos garden area, where the soothing sound of flowing water enhances every movement. Designed to build core strength, improve posture, and increase flexibility, this class invites you to move with intention in perfect harmony with nature.

PILATES REFORMER (Premium Session) 50 min | €50

Elevate your Pilates experience with a Reformer session on our panoramic balcony, overlooking the lush landscape and shimmering sea. This dynamic full-body workout enhances strength, control, and alignment, offering a deeply effective and rejuvenating practice in a breathtaking setting.

PERSONAL TRAINING (Premium Session) 50 min | €50

Achieve your fitness goals in our light-filled gym, where floor-to-ceiling glass offers peaceful views of Manganos, a serene outdoor space filled with lush greenery and flowing water. With expert one-on-one guidance, each session is tailored to build strength, endurance, and mobility in an energizing and inspiring setting.





SPA ETIQUETTE

APPOINTMENTS

To schedule your spa experience, please contact our Spa team by dialing extension 913 from your hotel room.

From outside the hotel, call +30 6989 481056 or email wellness@pearlisland.gr.

We recommend booking in advance to secure your preferred time. Our team is happy to assist you in choosing the perfect treatment or service for your needs.

CANCELLATIONS AND RE-SCHEDULING

If you need to cancel or reschedule your appointment, please provide at least 24 hours' notice. Cancellations made within 24 hours will incur a 50% charge, while same-day cancellations and no-shows will be charged in full. Late arrivals may result in a shorter treatment time to accommodate other guests' schedules.

ARRIVING AT IREMIA SPA

To fully enjoy your spa experience, we recommend arriving 10 minutes before your scheduled appointment for check-in and consultation. Arriving late may shorten your treatment duration to respect other guests' bookings. For your comfort, we suggest coming in your bathrobe. Disposable briefs are available to ensure your privacy during treatments.

HEALTH CONDITIONS

Please inform our spa team of any medical conditions, allergies, or injuries before your treatment, as some services may not be suitable. Our therapists will assess and recommend the most appropriate treatments for your well-being.

WHAT TO EXPECT

Before your treatment, our therapists will guide you through a consultation to address your preferences. Our treatments follow expert techniques and product guidelines, ensuring a high standard of care.

AMBIENCE

To maintain a tranquil environment, we kindly ask guests to speak softly and silence mobile phones and electronic devices during their visit.

VALUABLES

For your peace of mind, we recommend storing valuables in your suite's safe before visiting the spa. The spa is not liable for lost or misplaced items.

AGE REQUIREMENTS

Guests aged 16 and above are welcome to enjoy spa treatments and facilities. Guests under 16 may receive manicure and pedicure services with parental supervision.

OPENING HOURS

Iremia Spa is open daily from 10:00 am to 20:00 pm, with treatments available from 10:00 am to 19:00 pm. The gym remains open 24 hours a day for your convenience.

